



LIVE ZOOM SESSIONS

# VIRTUAL READY, SET, BABY PRENATAL EDUCATION CLASS

Taught by lactation program graduates and  
CGBI team members

This **free** service offers education for pregnancy, birth and postpartum care. Ready, Set, Baby has recently been updated to provide COVID-19 guidance and recommendations.

Join the Virtual RSB Class

<https://zoom.us/j/98422579055>

(Meeting ID: 984 2257 9055)

Note: The Zoom platform is compliant with the Health Insurance Portability and Accountability Act (HIPAA)

Or use this QR Code to be  
taken directly to the zoom  
virtual meeting room



JANUARY 2021 SESSION TIMES:

**Mondays+**  
**Wednesdays**

1:00P-2:30P

3:00P-4:30P

*\*All times Eastern Standard*

